



MOVING FORWARD TOGETHER

## Brief Enhanced Care Coordination (BrECC)

*For families in need of immediate, short-term support*



BrECC is a short-term, family-driven, and youth-guided care coordination service designed to quickly connect families with the supports they need. BrECC helps families navigate moments of uncertainty by providing targeted, time-limited coordination.

### Each family is matched with a dedicated care coordinator who will:

- Complete intake and initiate support swiftly
- Schedule weekly check-ins over 2–4 months (up to 6 months if needed)
- Conduct assessments to determine the needs, safety, and well-being of the family
- Assist families in connecting to community-based mental health and family support services
- Monitor outcomes and progress through a personalized plan of care

BrECC is not meant to replace long-term services — instead, it bridges the gap. As families build confidence and understanding of the system, they may transition into longer-term Wraparound care if needed.

### How It Works

- 1. Intake** — A coordinator reaches out to complete intake
- 2. Orientation** — Review the program, sign consents, and plan next steps
- 3. Safety Planning** — Complete assessments and identify urgent needs
- 4. Follow-Up** — Identify what is working, what is not working, and connect you to available resources
- 5. Check-Ins** — Weekly updates, including in-person visits
- 6. Transition** — Promote continued care after BrECC ends

BrECC aims to ensure families do not fall through the cracks. Through quick action, collaborative support, and personalized coordination, the program enables families to stabilize, rebuild, and move forward — with the right help when they need it.

**For further questions, please contact [FASTForward@dhhs.nh.gov](mailto:FASTForward@dhhs.nh.gov) or:**

**Kaitlyn Gould**  
Connected Families Northern Regional Manager  
(603) 499-2531 or [kgould@co.cheshire.nh.us](mailto:kgould@co.cheshire.nh.us)

**Roxanne Jack**  
Connected Families Southern Regional Manager  
(603) 499-3514 or [rjack@co.cheshire.nh.us](mailto:rjack@co.cheshire.nh.us)