

FAST Forward to Progress with Connected Families NH

Navigating behavioral and mental health challenges can be overwhelming. The FAST Forward/Wraparound program can provide support through individualized care coordination for youths aged 6-21 and their families.



The **FAST Forward program**¹ ("Families and Systems Together") is designed for youths aged 6-21 and their families as they navigate periods of behavioral and mental health challenges. Guided by underlying needs and goals, we identify your strengths and goals for the future to create a collaborative approach towards meeting your needs.

Our professional care teams are committed to helping you and your family access the resources and supports you need and deserve.

What to Expect from FAST Forward

Connected Families NH's FAST Forward program is individualized care coordination that meets the needs of both your child and your family as a whole. Your dedicated FAST Forward care coordinator is your guide and ally. When you and your child enter the FAST Forward program, they will help you identify:

- Your child's immediate and long-term needs
- Your immediate and long-term needs as a parent/guardian
- Your family's strengths
- Your family's goals for the future

Once all the family's and youth's needs and strengths are identified, your care coordinator will work with your family to create a care plan that is family-centric and motivated by family-driven care. Your team will recommend and connect your family with the resources and support that you need to meet your goals. CFNH uses the New Hampshire Wraparound care model approach which includes peer support specialists. These family support specialists have lived experience from similar positions and may have also personally benefited from the FAST Forward program. They can help your child amplify their voice throughout the process, providing them with support and care.

FAST Forward/Wraparound is Your Partner

The FAST Forward program is designed to be an additional support and resource to you and your child's existing mental health treatments, not a replacement. We are your partner when it comes to accessing resources and services that can help support your family and your child as you work towards your goals. We collaborate with you and your team to help you achieve what is most important to your family. If you or a family you know could benefit from our FAST Forward program, [fill out our eligibility and needs form](#)² today to get the referral process started.

For further questions, please contact FASTForward@dhhs.nh.gov or:

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¹ <https://connectedfamiliesnh.com/fast-forward/>

² <https://connectedfamiliesnh.com/wp-content/uploads/2025/02/NH-FF-Needs-and-Eligibility-Referral-Form-FINAL-2024-07-18-2.pdf>